

Camp Staff



Jaime Cabral
Head Coach
Barton County

Jaime Cabral is entering his first season as head coach at Barton. He is a native of Waimea, Kauai (Hawaii). Prior to coming to Barton, Cabral served as the first assistant coach at Fort Hays State University in 2007. He assisted the program from a previous 3-25 season to a 16-17 record. Cabral came to Kansas from Sitka, Alaska, where he served as the head volleyball coach and physical education instructor at Sitka High School from 2003-2006. Prior to that, he served as a student assistant coach at Western Oregon University from 2001-2004. Cabral also has volleyball playing experience as he was co-captain of the Western Oregon University men's club team from 2001-2004. He also played four years of high school volleyball at Waimea High School, where in 1999, he was named the team's Most Valuable Player, was an All-Conference selection, and earned All-State Honorable Mention honors. Coach Cabral received his Bachelors degree in Physical and Health Education from Western Oregon University and is currently obtaining his Master's in Movement and Sports Studies at FHSU.

Andrea Rasmussen
Assistant Coach
Barton County



Andrea Rasmussen enters her 3rd year at Barton. In 2008 Rasmussen served as the Interim Head Coach. She also served as an Intern Assistant for the volleyball program during the 2006 season. Andrea is from

Delta, CO and attended Delta High School where she was a 4 year letter winner in Volleyball and Basketball. She comes to the Cougars from Denver, CO where she was an exercise physiologist at Peak Physical Therapy and Wellness. While in Denver she coached club volleyball for Club One and coached her team to the Junior National Tournament. She played collegiately for former Barton Coach Kurt Kohler when he was coaching at Allen County in the Jayhawk East. Rasmussen has a Bachelor's degree from the University of Northern Colorado in Sports Exercise Science with a minor in coaching. She is also the HPER Coordinator at Barton.

General Information

Registration Information: *Enrollment is limited* and accepted on a first-come, first-serve basis. Camps fill quickly, so enroll early! The registration deadline is July 1 for all camps. A \$15 late fee will be added for registrations received after the early deadline. Complete payment must be received with registration to guarantee enrollment. Confirmation letter, Medical History and Waiver forms, general information letter and campus map will be sent upon receipt of registration and payment.



Refunds:

Refunds are available due to medical reasons only, and a written refund request must be accompanied by a letter from camper's physician and received prior to the start of camp. All money paid by a camper minus a \$25 administrative fee will be refunded.

Facilities: The camp will be held in the Barton Gymnasium and Kirkman Activity Center. Four volleyball courts are housed in the air-conditioned facility.

For More Information:

Call the Barton Volleyball Office at (620)786-1147/(620) 792-9374 or (808) 651-5282 or e-mail cabralj@bartonccc.edu



2009 Volleyball Camps

All-Skills Camps:
Middle School Camp:
Grades 6-8
July 14-16

High School Camp:
Grades 9-12
July 20-22

Team Camp:
Freshman, JV, & Varsity Teams
9am - 5pm
Aug. 8



Barton Volleyball is nationally recognized as one of the top NJCAA programs in the nation. The Cougars are the 2003 National Champions, and have played in the national tournament over 20 times. The Cougars rank 1st in the nation in national semi-final appearances and in total number of First Team All-Americans and Academic All-Americans. Barton leads the NJCAA in First Team All-Americans, placing 25 over the years. Barton has also won 16 straight Regional Championships from 1988-2003. The Cougars have won all but six Jayhawk West Titles since 1982.



Camp Philosophy:
Our goal is to help each camper become a better all-around volleyball player in a rewarding and fun manner. This is done by

focusing on individual skills training and conditioning. Players work in small groups or one-on-one situations to create an efficient learning environment. The camp staff has many years of successful coaching experience and is committed to helping each camper grow as an athlete and as a volleyball player. Each camp includes a reward system in order to recognize hard work, teamwork and skill proficiency.

Middle School Camp:

This is an excellent camp for all levels! Each skill is covered in depth: passing, setting, attacking, serving, defense and blocking. Skills are trained individually and in game-like situations. This camp is open to all students entering grades 6-8.

July 14-16

3 Sessions: 6:00-9:00 PM

Cost: \$50 per person

T-shirt is included

High School Camp:

This camp focuses on more advanced techniques in all skills: passing, setting, attacking, serving, defense and blocking. Campers will work in small group settings and in game situations to improve their overall skill level. This camp is open to all students entering grades 9-13.

July 20-22

3 Sessions: 6:00-9:00 PM

Cost: \$50 per person

T-shirt is included

Team Challenge Camp:

This camp is for freshman, junior varsity and varsity teams looking to improve their team play prior to entering the season. Each team will be assigned at least one coach to assist them through team drills, team bonding games and scrimmages.

August 8

Saturday, Aug. 8: 9:00am - 5:00pm

Cost: \$50 per player, minimum of 8 players

T-shirt is included

REGISTRATION FORM

Name _____

Street _____

City _____ State ____ Zip _____

Telephone () _____

E-Mail _____

Height _____ Birthdate _____ Age _____

School in Fall '09 _____

Grade in Fall '09 _____ Graduation Year _____

1st position _____ 2nd Position _____

Adult T-shirt Size: S M L XL

Indicate which camps/clinics you wish to attend

_____ Middle School Camp (\$50)

_____ High School Camp (\$50)

_____ Team Challenge Camp \$50

_____ Late Registration (after July 1st) (\$15)

_____ Total Included

Please detach and mail with check in the full amount of camp registration to:

Barton Volleyball Camps

Attn: Jaime Cabral

245 NE 30th Rd.

Great Bend, KS 67530